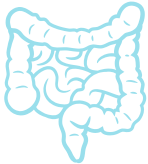




COLORECTAL CANCER SYMPTOMS CHECKLIST

(Check all that apply and bring with you during your next visit with your primary care provider)



Changes in bowel habits
(constipation or diarrhea)



Unexplained weight loss



Blood in or on the stool
(bright red or dark black)



Ongoing abdominal pain
(bloating, fullness
cramps, gas pain)



Changes in shape/
size of stools



Unexplained fatigue/
weakness



Personal or family history
of abdominal health
problems



Known anemia (low red
blood cell count)



**Did you know that the symptoms listed
above are considered warning signs of
colorectal cancer?**

Notes (write down any extra symptoms you are feeling):
