COLORECTAL CANCER CANADA

# COLORECTAL CANCER IS 90% CURABLE IF DETECTED IN ITS EARLY STAGES.

## WHAT IS THE FIT?

**The fecal immunochemical test (FIT) is a screening test for colorectal cancer. It detects small amounts of blood in your stool that is not visible to the naked eye. You can do it at home in a few minutes. It is: easy, painless, private, and free.**

## WHO SHOULD DO A FIT?

- **Individuals between the age of 50 and 74**
- **Individuals without personal or family history of colorectal cancer**

**SCAN HERE TO LEARN MORE ABOUT THE FIT:**

**UNDERSTANDING YOUR FIT RESULTS:**
A normal result means that blood was not found in your stool. The test should be repeated every two (2) years. An abnormal test means that blood was found in your stool. This may be due to several causes and does not necessarily mean that you have cancer. It does mean further testing is required.

**WHERE DO I GET A FIT?**
Talk to your family physician or nurse practitioner about obtaining a test. If you do not have a family doctor, you can get more information about the FIT including how to order a test by contacting your provincial health services navigator:

**BC: dial 8-1-1**
**Saskatchewan: 1-855-292-2202**
**Ontario: 1-866-828-9213**
**New Brunswick: 1-844-777-3443**
**PEI: 1-888-561-2233**
**Yukon Territory: 867-667-549 or 1-844-347-9856**
**Alberta: 1-866-727-3926**
**Manitoba: 1-855-95-CHECK (4325)**
**Quebec: Info-Santé 8-1-1**
**Nova Scotia: 1-866-599-2267**
**Northwest Territories: 1-866-313-7989**
**Newfoundland & Labrador: 1-855-614-0144**
**Nunavut: contact your local health clinic**

**Still have questions? Contact us at support@colorectalcancercanada.com**

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