

INTERESTED IN CLINICAL TRIALS?

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CLINICAL
TRIALS
ONTARIO

DID YOU KNOW? CLINICAL TRIALS:



Are done all across Canada – there are thousands happening right now



Depend on people to volunteer



Don't just happen in hospitals or doctors' offices



Study more than drugs



Help us learn more about how to treat people and improve their health

WHAT ARE CLINICAL TRIALS?

Clinical trials are studies that involve people and test many types of interventions including drugs, devices, genetic therapies, natural health products, psychotherapies, and lifestyle and preventative care interventions.

WHY ARE CLINICAL TRIALS DONE?

Clinical trials are done to provide research data, or evidence, about the intervention(s) tested. This evidence helps in deciding what therapies or other interventions might work best for people.



CLINICAL TRIALS ANSWER QUESTIONS ABOUT AN INTERVENTION(S) SUCH AS:

- ▶ Is it **safe**?
- ▶ Can it **improve** or **cure** disease?
- ▶ Can it help people **live longer** with the disease?
- ▶ Does it help people **feel better**?

TYPES OF HEALTH INTERVENTIONS STUDIED

Clinical trials study treatments or interventions on their own or in combination with each other. These might include:



Drugs



Devices



Surgery



Radiation
Therapy



Diagnostic
Procedures



Diet and
Lifestyle

